

2022 MEDICAL RECOMMENDATION for CAMP EMPLOYEE/VOLUNTEER

These medications are stocked in our camp's Health Center and will be used to manage illness and/or injury of this employee.

CROSS OUT those that are contraindicated for this person.

- Acetaminophen
- Aloe
- Bismuth Chew Tab
- Calamine Lotion
- Antihistamine
- Benadryl
- Epi-Pen
- Guaifenesin DM
- Hydrocortisone Cream
- Ibuprofen
- Anti-diarrhea
- Cough Drops
- Ivy Dry
- Nix
- Anti-fungal cream
- Topical Antibiotic Cream
- Decongestant

Authorization (2022)

By signing this form, you are telling us that, in your opinion, this person is both physically and emotionally ready to participate as an employee at our camp, except as noted in your comments.

Your
Signature: _____

Date: _____

Return this completed form to:



Camp Hertko Hollow, Inc.
4200 University Ave; Ste 320
West Des Moines, IA 50266
Phone: 515-471-8547
Fax: 515-288-2531

To Physicians and their Staff:

This person is an employee/volunteer at Camp Hertko Hollow, Inc in Boone IA. The job includes physical activity such as walking & hiking up steep trails, swimming, horse riding, etc. and requires the individual to be outside in a variety of weather conditions. Our healthcare staff and the employee's supervisor use the information on this form to guide their interface with the employee. The employee/volunteer can provide their job's description and list of essential functions to you. If you question the person's suitability for their job, please talk with him or her about your concerns and develop a plan to address that concern. You may also speak to one of our camp professionals by calling 515-471-8547. Thank you!

Name of Employee: _____ Date of Birth: _____

1. Does this person have a chronic health problem(s) that may prevent them from fulfilling the essential functions of their job?
 No Asthma Allergies Diabetes
 Other _____
2. To what is this person allergic? No Allergies
 a. _____ Causes anaphylaxis
 b. _____ Causes anaphylaxis
 c. _____ Causes anaphylaxis

Note: Our expectation is that the employee will have an EpiPen® and know how to use it if anaphylaxis is a concern.

3. Does this individual take any medication(s) that the use of (or non-use) could impair his/her ability to perform the essential functions of his/her job? If so, please list below:
 No medication that impacts job function.
 a. _____
 b. _____
4. Describe the treatment(s) needed by this person to maintain their ability to complete the essential functions of their job.
 None needed.
 Treatment as follows:

5. Describe any significant findings about this person and/or describe any limitations that may impact the employee's job performance.
 No significant findings.
 Findings as follows:

6. What else should the employer know about this employee's health in so far as its impact upon job performance?
 No other information needed.
 Information as follows:

