



Camp Hertko Hollow

IOWA S'Camp for Youth with Diabetes

Web site: www.CampHertkoHollow.com

Toll Free Phone: 888-437-8652

E-Mail: CampHertkoHollow@aol.com

CAMP HERTKO HOLLOW COUNSELOR IN TRAINING PROGRAM (CIT):

The CIT (Counselor in Training) program is an optional program and is available to all campers ages 16-18. If you are in this age group, you have your choice of

- 1) Attending camp as a regular camper or
- 2) Applying for the CIT program during Session B and attending sessions on how to be a counselor, attend leadership meetings, and completing some responsibilities around camp.
- 3) Applying for the Senior CIT Program during Session A. Only a limited number of Senior CITs will be chosen to attend Session A (June 26 - July 2, 2005). In order to apply to be a Senior CIT this summer, you must have successfully completed the CIT program in a previous year and be recommended by the CIT Director.

The CIT program is preparing campers to become counselors in the future. As you know it is very important that young campers have good role models who have diabetes. This helps them to accept diabetes and have a positive outlook to the future. You can participate in the CIT program for several years.

Whether or not you apply for the CIT program is your choice. Attached is an application for the Counselor in Training program. Fill it out and mail to the address below. Applications for the CIT program are due May 1st.

Remember that you must also apply for Camp Hertko Hollow on the regular camper application form from the web site or from the camp office. All CITs are campers and need to pay the camp fee or receive a campership. Persons selected to be a Senior CIT will receive a discount of \$100 off the regular camp fee of \$650.

Campers who have been selected for the CIT and Senior CIT programs will be notified by May 20th, 2005.

Hope to see you at camp this summer!

Vivian Murray, Camp Director

E-Mail: CampHertkoHollow@aol.com
352-750-6759 or 888-437-8652 (toll free)

CAMP HERTKO HOLLOW

COUNSELOR IN TRAINING APPLICATION

Name: _____ Phone: _____

Address: _____ E-Mail: _____

City: _____ Zip: _____ Birthdate: _____ Age: _____

Have you participated in CHH Counselor in Training in past years? YES NO What year? _____

Do you wish to apply for the CIT Training during the week of July 3-9, 2005? YES NO

Do you wish to apply to be a Senior CIT for the week of June 26 July 2, 2005? YES NO

Explain any experience you have in working with children:

How long have you had diabetes? _____ years How do you control your diabetes? _____

What ages of children do you enjoy? Circle: 6-7 8-9 10-11 No preference

Why do you want to become a CIT at Camp Hertko Hollow? Attach a letter with this application that includes:

- 1) How do your feelings affect your actions about living with diabetes?
- 2) How will your participation in the CIT program benefit campers and staff at camp?
- 3) What do you hope to gain from the CIT program?

What activities could you lead or help to lead? Singing songs Swimming Soccer Softball

Group games Horseback riding Hiking Nature Skits Other: _____

Please list two references that may be contacted:

Name _____
Evening Phone _____
Address _____
City _____ Zip _____
E-Mail Address _____
How do you know person? _____

Name _____
Evening phone _____
Address _____
City _____ Zip _____
E-Mail _____
How do you know person? _____

Mail before May 1st to: Camp Hertko Hollow
Vivian Murray, Camp Director
1701 E. Schwartz Blvd.
Lady Lake, FL 32159